

SEPTEMBER 2026

Glory Days Ahead!

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Self-Care	Cognitive	Physical	Social	Creative
	1 Intro to theme <i>Stress Awareness Day</i>	2 Tai Chi <i>Leave Fearless Day</i>	3 Solve the Mystery	4 Student Farewell
7 Wordle	8 The Amazing Race! <i>World Physiotherapist Day</i>	9 My African Dream	10 Planting Hope <i>World Suicide Prevention Day</i>	11 The Mic Drop Social
14 Walk to Freedom	15 Mad-Hatter! <i>Make A Hat Day</i>	16 The Great Comeback	17 Mind over Matter	18 Do you know your status? <i>National HIV/AIDS</i>
21 Closed <i>World Alzheimers Day</i>	22 2 nd Year Students <i>Behaviour Awareness Week</i>	23 Nature Outing	24 Public Holiday <i>Heritage Day!</i>	25 Rounders!
28 Stupid Questions, Smart Answers <i>Ask A Stupid Question Day</i>	29 OT Student/Scavenger Hunt	30 No Words Just Order <i>Non-Speaking Day</i>		

***Subject to change**

WELCOME CLUB MENU

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	1 Mixed Veg Curry & Rice	2 Wors & Chakalaka With Rice	3 Pilchards & Egg Salad	4 Meditarranian Chicken Salad
7 Peas Pesto Spinached Pasta	8 Chicken & Mango Salad	9 Tuna Mornay	10 Bobotie & Rice	11 Gatsby Vienna
14 Penne Pasta (Salami & Tomato Sauce)	15 Pilchards & Egg Salad	16 Mixed Veg Curry & Rice	17 Chicken & Mango Salad	18 Vetkoek & Mince
21 Closed	22 Penne Pasta (Salami & Tomato Sauce)	23 Boerewors & Curry Noodle Salad	24 Public Holiday Heritage Day!	25 Corn Fritters
28 Pilchards & Egg Salad	29 Chicken Kebabs	30 Braai		

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